

New quarterly distribution schedule

For Capital International – Growth and Income

Beginning in March 2010, Capital International – Growth and Income began a quarterly income distribution schedule. Income received by the fund will be paid out, net of expenses, at the end of each quarter, meaning that distribution amounts will fluctuate quarter to quarter.

2010	Record date	Payment date	Distribution
March	30	31	Income
June	29	30	Income
September	29	30	Income
December	Approximately the third week of the month, along with Capital International's other equity funds		Income and capital gain

Distribution amounts will be posted on payment dates in the historical prices and distributions calendar located in the prices and returns section of our advisor website.

Monthly fact sheets for Capital International – Growth and Income will also report year-to-date distributions.

Commissions, service fees, management fees and expenses all may be associated with mutual fund investments. Please read the prospectus before investing. Mutual funds are not guaranteed, their values change frequently and past performance may not be repeated.

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